



Skills for life, not just sports

This academic year we want your help to spread the message that PE teaches skills for life, not just sport.

So many of the skills we develop through PE lessons are transferable and we want to show children (and adults) just how important it is to develop great movement and motor skills for a happy, healthy and successful life.

PE teaches skills for life, not just sports.

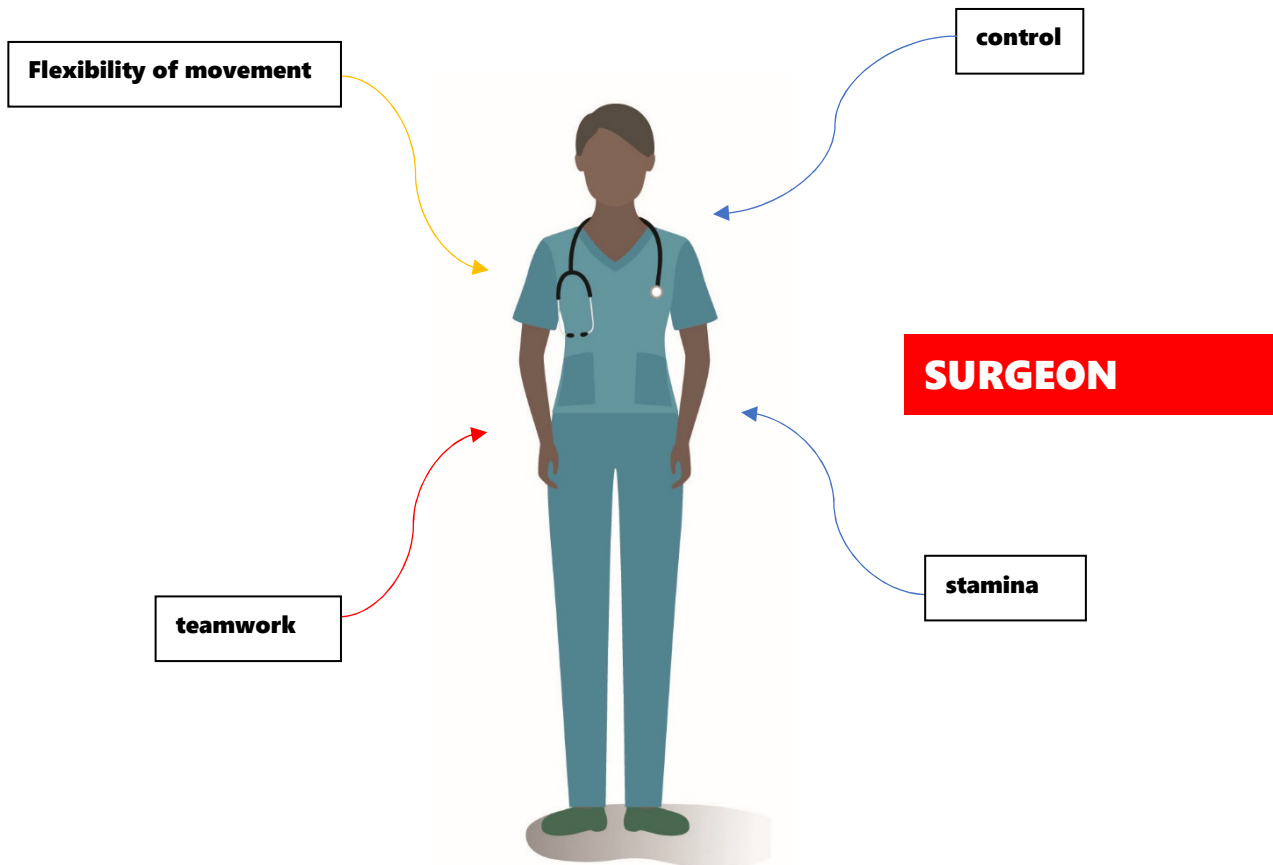


Our school is supported by



SPIRALPE™ works through the important fundamental skills of agility, balance and co-ordination in keystage 1 to the advanced focus areas of cognitive, physical and manipulation in keystage 2, all with the aim of giving children the movement skills and confidence they will need to thrive and enjoy a successful, healthy and happy life whatever path they choose.

SPIRALPE™ is a PE Partner product. Find out more visiting www.pepartner.co.uk



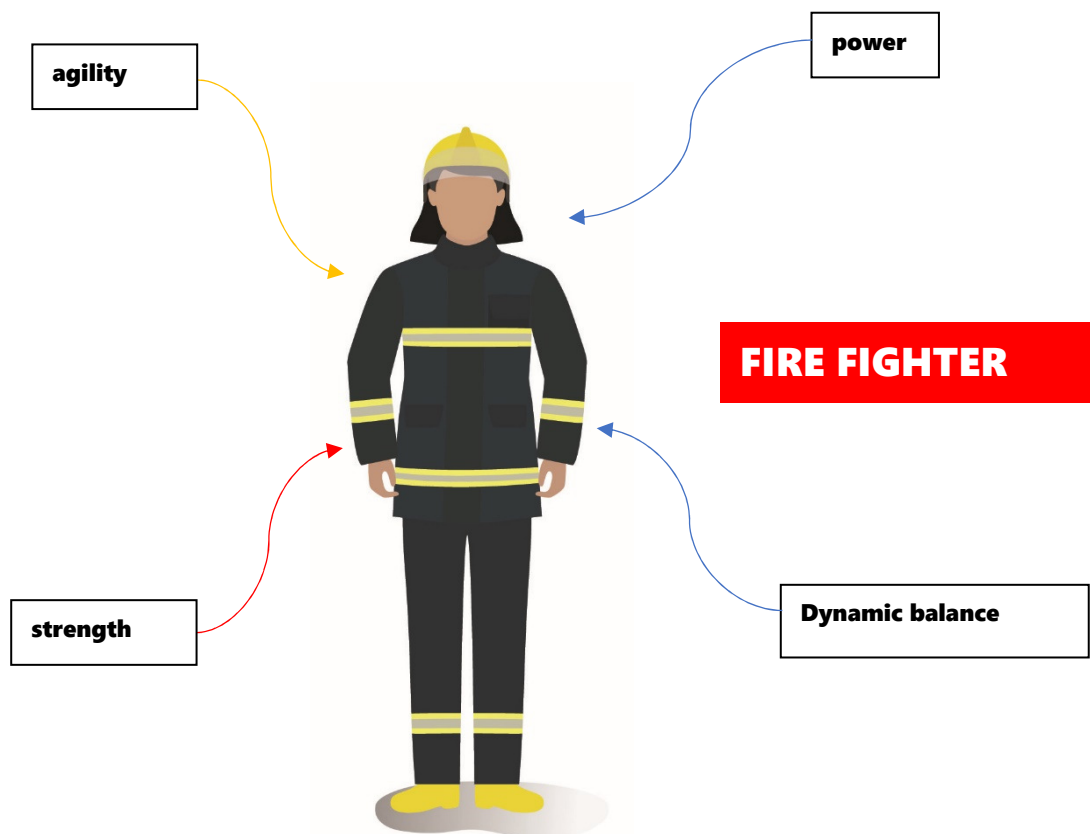
Campaign launch

We want to use this message to help non-sporty staff understand the importance of PE in a wider context than just sports and we want more children to engage with the subject with an understanding that the skills they can gain through PE will be important for them in later life.

Think of the **firefighters** who need strength and balance to do their jobs, or the **surgeon** who needs stamina and control for long and difficult operations. Think of the timing needed by a **musician** or the anticipation required to be a great **photographer**. Or maybe think of the **teacher** who needs to have great teamworking skills. The list is endless. I can't think of a single job where the skills great PE teaches would not prove to be a great asset. We want to use this message to re-frame PE this year. It's not just for the sporty, it really is for everyone. We know of course that a love of sport may be one by-product for some children, but it is certainly not the only, or even main, reason to put your faith in PE.

Developing a good relationship with PE and physical activity is key to embedding good habits which last a lifetime, one which will almost certainly be longer and healthier as a result. It will also build confidence, resilience, and stamina, as well as being proven to produce better academic results. There is overwhelming evidence to support this, so just in case you or anyone in your team has any lingering doubts we have built a bank of research papers on our website which clearly prove the many, many benefits.

Let's work together this year to prioritise PE and physical activity and let's all create a generation with a wide range of transferable employment skills. On the following pages you'll find details of what we have planned for the campaign for all our partner schools.

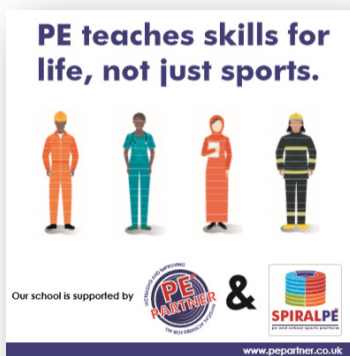


Campaign resources

Hall sign

1500cm x 320cm – light indoor foamboard

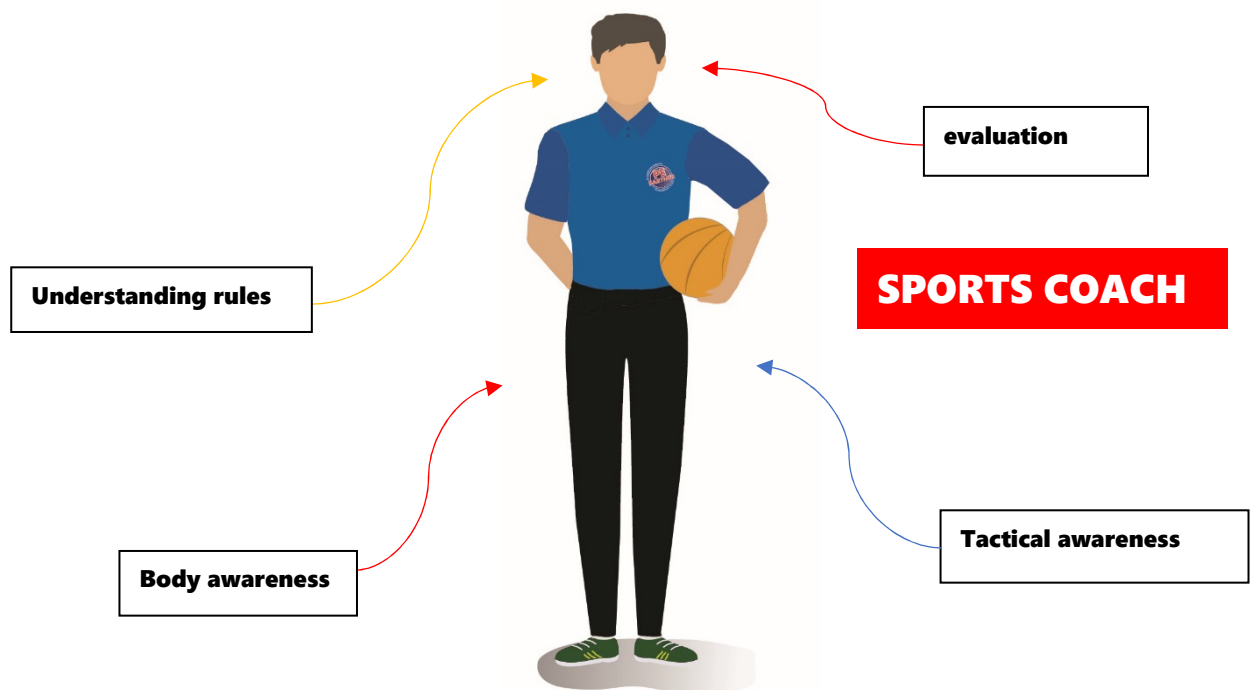
Putting this sign up in your school hall will really support and remind your whole school community of the message. It's a very clear, bright visual and will show that you put PE at the heart of your school.



School reception sign

200cm x 200cm – light indoor foamboard

Placing this small sign in your reception area will let your visitors know that you value PE and physical activity.





Modified lessons We're embedding this message into our SPIRALPE™ lesson plans and into the wider PE, School sport and physical activity context this year. Within PE our EYFS and Key stage 1 children will look at various jobs and work on the skills they might need through fun lesson content. In some lessons they'll be chef's mixing a cake, they'll be window cleaners stretching high up and low down, they'll be farmers catching their sheep. We might even be able to get some dressing up fun in there for them. Throughout the 39 week programme they will develop their key fundamental movement skills of balance, agility and coordination with the emphasis on fun.

For our key stage 2 pupils we're going to incorporate some conversations and activities around jobs and the skills they involve and we'll be including new team work and competitive games such as 'Put out the fire' and 'Build the house' – It won't be every lessons and we'll still have a great mix of games, drills and sports for them to have broad experiences and to develop the full range of skills they need, both for high school PE and for a life loving being active.

Wet lesson/classroom We've developed some wet playtime/indoor PE lesson worksheets and resources so that when the weather takes PE out, we can still teach the children about the type of skills they need and how working on those skills can improve their employability. These will be available as downloads from the SPIRALPE curriculum area.

Careers & skills evening We'd really like you to hold a careers evening for your year 5 and 6 children, with lots of your parents coming in their workwear and to talk to the children about how they use certain skills to do their jobs. It's a great way to communicate the campaign message to your families and to engage your adults in the conversation. Ask your parents what they do for a living, ask them what physical skills it takes and ask them to talk about it with the children. Could you set up a small demonstration for each job? The police, firefighter and nurses are usually happy to help. I'm sure you have quite a talent pool amongst your school community.