



## This is a quick guide to **introduce teachers** to the SPIRALPE™ platform



**“Check out the platform for lots of other handy tips and ‘How To’ guides. Click on the ? at the top of each page for instructions if you get stuck!”**

**Welcome to the growing community of teachers who are delivering outstanding PE through the lesson plans and planning within the SPIRALPE™ platform.**

We've built this system with you in mind. We've saved you lots of planning time (time you probably don't have) by providing you with 39 detailed lesson plans for each year group. They all fit together into an overarching framework and they'll help you to teach the full range of physical literacy skills. So, you now have a year long PE plan, delivered in a spiral curriculum that increases the challenge levels for the pupils as they move up through school and which meets all areas of the national PE curriculum.\*

We've made it really easy to get to your lessons too – you simply login, click on the icon for the year group you are teaching and then pick which week of the academic year you are in; this will bring up your lesson plan for that week.

1000's of hours of practical experience have gone into designing the lessons themselves. Each one is full of practical information, such as what equipment you'll need and how to set up your spaces. They all include learning objectives and assessment points. They show you what transferable skill to work on in the lesson, the



order of the teaching points to help you deliver that skill and give you simple, sensible progressions, written in non sports jargon.

They are also supported by lots of video and worksheet resources, all available online and 'clickable' from within the lesson plan.

The curriculum is just part of the SPIRALPE™ platform, but it's the starting point that engages teachers and pupils and empowers everyone to enjoy the experience.

The platform also helps schools to manage assessments, activity clubs and school fixtures and collects data to prove the positive impact of PE and school sport on the whole school community.

**We really hope you enjoy using the platform and that your pupils enjoy your lessons.**

**Regards,**

**The SPIRALPE™ team.**

\*SPIRALPE™ - all areas of the PE national curriculum are covered with the exception of swimming.