

PE Partner Ltd. Physical Education and Physical Activity session - Risk Assessment - Updated COVID 19 (last updated 8/10/20)

Establishment	PE Partner Ltd – On behalf of the school partner	Room/Area	Playground / Hall space		
Risk Assessor		Date		Review Date	

NOTE THE FOLLOWING

Ongoing risk assessment – the most essential element: 1. Apply the control measures 2. Monitor how effective they are 3. Change, adapt, revise as required

This updated risk assessment has been updated as a result of guidance from the Association for Physical Education – visit the following link for the guidance notes.

<https://www.afpe.org.uk/physical-education/wp-content/uploads/Updated-COVID-19-Guidance-July-2020.pdf>

	Significant Hazards with Potential to cause harm	Control Measures	Risk Rating (LxS)
Environment (Room/ Area) <ul style="list-style-type: none"> Outdoor spaces 	<ul style="list-style-type: none"> Weather – sun exposure, wet/damp ground 	<ul style="list-style-type: none"> Teacher to ensure weather conditions and surface suitable for activity. If wet adapt activity or abandon. 	
	<ul style="list-style-type: none"> Obstacles (litter/lose equipment/animal faeces/uneven ground) 	<ul style="list-style-type: none"> Area checked for obstacles and hazards - removed or adequate playing area found. 	
	<ul style="list-style-type: none"> Inappropriate space for pupils 	<ul style="list-style-type: none"> Ensure there is enough space for the pupils to work in safely, with wide margins for error allowed. Clear safe areas for non doers/spectators. 	
	COVID 19 ADAPTATIONS <ul style="list-style-type: none"> Child to child transmission. 	<ul style="list-style-type: none"> Encourage PE in large outdoor spaces Ensure children are working within the school bubble and minimise contact. Structure lesson content around individual skill development and minimise equipment sharing. Layout 30 cones (1.5m) apart for the information line Ensure the area has access to toilet tissue (to catch coughs and sneezes) and a bin to dispose of the tissues. 	

	<ul style="list-style-type: none"> Coaching interaction – coach to child (or vice versa) transmission. 	<ul style="list-style-type: none"> Establish a coned box for the children to work inside – the coach walks around the outside (aka The Coaching Corridor) to give teaching information. The coach will remain in the coaching space and teachers with the bubble will bring the class out at a pre agreed time. The coach will not collect children from classrooms. The class or group will sanitise their hands prior to and at the end of all physical activity sessions. Covid19 adapted first aid information from St Johns Ambulance (including updated CPR guidance) has been given to all PE Partner team members. The coach will observe the one way system / signage / staff room protocols established by the school setting. 	
<p>Activity / Lesson</p> <ul style="list-style-type: none"> Physical education and Physical activity sessions 	<ul style="list-style-type: none"> Inappropriate lesson tasks for the age/size or fitness abilities of the group 	<ul style="list-style-type: none"> Teacher has knowledge of the class abilities and adapts lesson content accordingly. 	
	<ul style="list-style-type: none"> Poor technique used in activities 	<ul style="list-style-type: none"> Teacher has good knowledge of activity techniques and appropriate teaching styles and progressions. Teacher to monitor pupil's technique and provide feedback. 	
	<ul style="list-style-type: none"> Carrying/retrieving equipment 	<ul style="list-style-type: none"> Both Teacher and pupils aware of how to carry equipment safely 	
	<p>COVID 19 ADAPTATIONS</p> <ul style="list-style-type: none"> The transmission of the virus via PE equipment 	<ul style="list-style-type: none"> If PE equipment is to be shared by the whole school - The coach will be the only person to lay out and collect equipment at the start and end of each session. Equipment will be limited to plastic and hard surface items which can be cleaned with spray disinfectant between sessions. Lesson plans have been adapted to meet this control measure. Where bubbles have their own PE equipment and bring this to PE lessons the coach will use hand sanitiser and spray the equipment with disinfectant cleaner at the start and end of the lesson. 	
	<ul style="list-style-type: none"> Collision with another pupil 	<ul style="list-style-type: none"> Teacher to ensure the area is large enough for the activity and an appropriate ratio used for lesson and good classroom management group/activity. 	
	<ul style="list-style-type: none"> Students not warmed up appropriately 	<ul style="list-style-type: none"> Warm up and cool down to match the age, experience of group and activity. 	
	<ul style="list-style-type: none"> Being struck by hard implement 	<ul style="list-style-type: none"> Ensure sufficient space between students, students aware of safety points. Wide margins for error established. Clear throw lines and safety lines. Students to throw and retrieve on the teacher 	

		command.	
	<ul style="list-style-type: none"> Inappropriate use of equipment or broken damaged equipment. 	<ul style="list-style-type: none"> Equipment visually checked by teacher at the start of the lesson. Differentiated equipment used to match the needs of the group. Only use equipment for its primary purpose. Equipment should be stored safely and securely. 	
The Group	<ul style="list-style-type: none"> Wearing inappropriate clothing 	<ul style="list-style-type: none"> Clothing must be safe and comfortable. 	
	<ul style="list-style-type: none"> Wearing Inappropriate footwear 	<ul style="list-style-type: none"> Students should be wearing footwear suitable for the activity. Trainers with laces tied up or well-fitting school pumps. If sessions take place indoors then all the class will be required to do the activity barefoot. 	
	<ul style="list-style-type: none"> Jewellery and personal adornments 	<ul style="list-style-type: none"> Jewellery and personal adornments should be removed or made safe 	
	<ul style="list-style-type: none"> Long Hair not tied up. 	<ul style="list-style-type: none"> Long hair needs to be tied back. 	
	<ul style="list-style-type: none"> Special educational needs/ behaviour needs / medical conditions/EAL 	<ul style="list-style-type: none"> Teacher and support staff aware of the additional needs of the group and plan/deliver the lesson accordingly Teacher to ensure necessary medical equipment present e.g. inhalers/epi pens. Appropriate teacher/pupil ratio and adequate supervision. 	
	<p>COVID 19 ADAPTATIONS</p> <ul style="list-style-type: none"> The transmission of the virus due to children getting changed into PE kits 	<ul style="list-style-type: none"> Request that children come in PE kit on the days they are timetabled to have PE lessons Schedule After school clubs in line with PE timetable Don't get children changed for PE lessons (modify activity accordingly) No use of a 'spare kit box' 	

Reporting protocols	<p>If a member of the PE Partner team is self-isolating for any of the following NHS specified reasons:</p> <ul style="list-style-type: none"> • you have any symptoms of coronavirus (a high temperature, a new, continuous cough or a loss or change to your sense of smell or taste) • you've tested positive for coronavirus – this means you have coronavirus • you live with someone who has symptoms or tested positive • someone in your support bubble has symptoms or tested positive • you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app • you arrive in the UK from a country with a high coronavirus risk – see GOV.UK: how to self-isolate when you travel to the UK 	<p>The team member will immediately inform a PE Partner director.</p> <p>Any schools that team member has worked in within 10 days of the self isolation starting will be contacted by PE Partner with the following information:</p> <ul style="list-style-type: none"> • Reason for self isolation • Date self isolation started • If a coronavirus test is taken, PE Partner will share the results of the test with the school immediately. <p>This information will be applied to the school's own risk assessment policy.</p>
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Persons at risk	Students, Staff, TA's , INA's, supporting adults.
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Signature		Date	
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