

PE Partner holiday club 5 day Itinerary

8.45am	<b>REGISTRATION – children dropped off and signed in.</b>				
9 15am	<p><b>Split into 2 groups where possible KS1 AND KS2.</b></p> <p><b>GROUP WARM UP</b></p> <p>Choose from any of the following: Ice breakers, Name game, Infinity tig; Octopus tig; Spiderman tig; Fox and Hounds; Cat and Mouse etc</p>				
	<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>	<b>Day 4</b>	<b>Day 5</b>
9.40am	<p><b>Invasion games</b></p> <p>Basketball Improve dribbling/passing/fun games/SSG</p>	<p><b>Invasion games</b></p> <p>Football Improve dribbling/passing/fun games/SSG</p>	<p><b>Invasion games</b></p> <p>Hockey Improve dribbling/passing/fun games SSG</p>	<p><b>Invasion games</b></p> <p>Ultimate frisbee Improve passing/catching/SSG</p>	<p><b>Coaches choice</b></p> <p>Fun games</p>
10.30am	Morning snack break – play games with the kids, get rolling paper out and do drawing				
11.00am	<p><b>Striking and fielding</b></p> <p>Tennis Improve Balancing on racket/ hitting forehand/pair work/Mexican tennis</p>	<p><b>Striking and fielding</b></p> <p>Rounders Improve throwing/catching/batting/SSG</p>	<p><b>Striking and fielding</b></p> <p>Dodgeball Throwing/ catching/ accuracy/ dodging and evading/ power Jedi/ MVP/ Chicken Run</p>	<p><b>Striking and fielding</b></p> <p>Cricket Improve throwing/catching/batting/fun games/ kwik cricket</p>	<p><b>Kids choice</b></p> <p>Fun games</p>
12.15pm	<p>Lunch Break – FREE PLAY – all equipment on the field/hall kids and coaches play games/treasure hunt.</p> <p><b>Please note all coaches must be supervising the kids at all times</b></p>				
13.15pm	Craft Activity box	Craft Activity box	Craft Activity box	Craft Activity box	Craft Activity box
14.15pm	Afternoon drinks break – tidy up				
14.35pm – 15.15pm	<p><b>Coaches game/New Sport</b></p> <p>Do a new game/activity/sports with the kids.</p>	<p><b>Coaches game/New Sport</b></p> <p>Do a new game/activity/sports with the kids.</p>	<p><b>Coaches game/New Sport</b></p> <p>Do a new game/activity/sports with the kids.</p>	<p><b>Coaches game/New Sport</b></p> <p>Do a new game/activity/sports with the kids.</p>	<p><b>Coaches game/New Sport</b></p> <p>Do a new game/activity/sports with the kids.</p>
15.25pm	<b>DE-REGISTRATION – children collected and signed out</b>				