

FOCUS AREA

cognitive



SKILL AREA

tactical awareness

Learning Objective... Improve my understanding of shot placement

Can I...?

demonstrate that I can vary my shots to hit into the space

Equipment

Cones, bibs, 15 small soft balls, 5 plastic cricket bats, 5/6 wickets

Key words...

Shot placement; Space; Capitalising; Tactics

Teaching points...

Where are the fielders; What type of shot; Move your feet; Step into the shot

Differentiation tip

Introduce different equipment, select different partners, teams, challenges etc.

We deliver the objectives through a sport/theme each week - this week: **small sided cricket**

Introduce the lesson - tell them what the focus and objective is...(using the teacher board)

Discuss what skills were learnt in the last lesson - Introduce the lesson objective and explain the lesson structure briefly

Warm up - get their hearts and minds moving...



SpaceYard. Set up a large square (using all red cones). The pupils move around inside the area and the objective is to be the person in the most space - i.e. furthest away from any others. When s shout FREEZE the person in the most space wins. Play the game a number of times, buyout each time add a new boundary line to make the space smaller each time.

Drill 1... Technical basics...breakdown the skill, build up the technique...



Discuss why you would want to control the direction of a shot rather than just hitting it without thinking. Pupils work in 4's. 1 has a bat and the rest are 3m away in a line, with 2m between them. 1 pupil throws the ball underarm to the batter who tries to control the shot, playing it to one of the other players, who catches the ball and then repeats. Give each pupil 2/3 minutes as the batter.

Drill 2... Pressured skill...Can they apply what they've learnt under pressure?



Set up 6 small cricket areas each with 1 wicket and 1 cone 4m away. Each team of 6 has 1 bowler, 1 batter, 1 wicket keeper (behind the wicket) and 3 fielders. To start with the batter doesn't have a bat. He catches the ball and throws it into space, then runs to the cone and back as many times as he can. Each run is 1 point. Each batter faces 5 balls and scores as many runs as they can. The fielders simply get the ball back to the bowler. Rotate all positions.

Drill 3... Competitive Skill..Can they use the skill in a game situation?



Repeat the activity, but now the batter has a cricket bat and hits the balls into the space - if he keeps it away from fielders he can score more runs. Again each batter faces 5 throws. Rotate all the players so that each gets an opportunity in each position. Focus your teaching on the batter. Ask them where the space is, and where they want to hit the ball.

Cool down... Calm them down, lower their temperature and heart rate



Question Zones - set up an area with two coloured opposite end zones. Players always start in the centre of the area. Red is 'YES' and White is 'NO' - ask questions related to the learning objective such as 'should I hit the ball into the space'...players run to the zone they think. Be creative with your questions.

Recap....How do they feel it went? Did they achieve the objective?

Discuss what skills were learnt in this lesson and how they might be transferable - Do they know the LO?

LINKS

[smallsidedcricket.pdf](#)

[spaceyard.pdf](#)

Additional information to support this lesson can be found on the electronic version.